

Dear Parents/Carers

Year 3 -5 Science Curriculum – Relationships, Sex and Health Education (RSE)

We will be teaching lessons about RSE in the week beginning **5 July 2021**. It is important that all children learn about this in a safe and secure environment, which we provide at school in an inclusive way. In RSE, we will be learning about our bodies, health and relationships; with a particular focus on puberty and growing up, dealing with emotions and managing personal relationships ensuring the science statutory aspects of the curriculum are covered.

Below is each year groups curriculum overview.

Year 3 Overview – Valuing Difference and Keeping Safe

Lesson 1: Body Differences

Lesson 2: Personal Space

Lesson 3: Help and Support

Year 4 Overview - Growing Up

Lesson 1: Changes

Lesson 2: What is Puberty?

Lesson 3: Healthy Relationships

Year 5 Overview – Puberty

Lesson 1: Talking about Puberty

Lesson 2: The Reproductive System

Lesson 3: Help and Support

During these lessons, pupils will be able to ask questions, which will be answered factually and in an age appropriate manner using scientific vocabulary. Lessons are taught by staff who are trained in delivering the specific content of the lessons following the Christopher Winters Project. Each pupil's privacy will be respected, and no one will be asked to reveal personal information.

Right to withdraw your child

You cannot withdraw your child from Relationships Education in Primary school because it is important that all children receive this content, covering topics such as friendships and how to stay safe.

Please see our school website for our policy, guidance, overview of the curriculum and further advice for parents.

Thank you for your continued support.

Kind regards

Helen McGovern

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